

**SOUTH ESSEX CROSS COUNTRY LEAGUE 2024/2025**  
**DIVISIONS ONE, TWO & THREE**

**TEAM RESULTS**

**Division One**

Pos	Club	R1	R2	R3	R4	R5	TOTAL	Points	
1st	Leigh-on-Sea Striders	132	5	131	5	134	5	397	15
2nd	Benfleet RC	144	4	190	4	155	4	489	12
3rd	Billericay Striders	259	3	269	3	561	3	1089	9
4th	East Essex Tri	583	2	502	2	742	2	1827	6
5th	Havering '90 Joggers	1170	1	1317	1	1184	1	3671	3

**Division Two**

Pos	Club	R1	R2	R3	R4	R5	TOTAL	Points	
1st	Nuclear Striders	355	5	307	5	282	5	944	15
2nd	Castle Point Joggers	726	4	772	3	664	4	2162	11
3rd	Pitsea RC	749	3	586	4	794	3	2129	10
4th	Rochford RC	937	2	1031	1	891	2	2859	5
5th	Barking Road Runners	1066	1	1001	2	1114	1	3181	4

**Division Three**

Pos	Club	R1	R2	R3	R4	R5	TOTAL	Points	
1st	RED Runners	507	5	515	5	551	5	1573	15
2nd	Phoenix RC	763	4	815	4	759	3	2337	11
3rd	Brentwood RC	1018	3	1083	3	745	4	2846	10
4th	Hockley Trail Runners	1101	2	1127	2	984	2	3212	6
5th	Dagenham 88	1555	1	1266	1	1246	1	4067	3